

## Women's SWAC Outdoor Track and Field Championship Records:

<b>EVENT</b>	<b>RECORD</b>	<b>RECORD HOLDER/SCHOOL</b>	<b>YEAR</b>
100m Dash	11.25s	Mary Onyali, Texas Southern	1986
200m Dash	22.41s	Cindy Chapper, Southern	1994
400m Dash	52.10s	Patricia Jackson, Prairie View	1978
800m Run	2:06.50	Ester Kipligat, Jackson State	1990
1,500m Run	4:29.61	Leslie Devereaux, Texas Southern	1985
3,000m SC	9:43.57	Ester Kipligat, Jackson State	1989
5,000m Run	17:50.38	Ninfa Barnard, Arkansas-Pine Bluff	2003
10,000m Run	36:28.92	Paige Rankine, Alabama State	2015
100m Hurdles	13.20s	Maria Usifo, Texas Southern	1985
400m Hurdles	55.49s	Maria Usifo, Texas Southern	1985
4x100m Relay	43.95s	Texas Southern	1989
4x400m Relay	3:32.15	Texas Southern	1985
High Jump	1.78m	Andrea Bruce, Prairie View	1975
Pole Vault	3.36m	Equonda Netters, Jackson State	2009
Long Jump	6.81m	Melody Smith, Texas Southern	1988
Triple Jump	12.98m	Esther Gabriel, Prairie View	1983
Shot Put	16.28m	Vivian Fisher, Texas Southern	1985
Discus Throw	52.24m	Victoria Gay, Texas Southern	1983
Hammer Throw	52.67m	Ky'Bria Spell, Jackson State	2017
Javelin Throw	42.90m	Wanda Jones, Southern	1986
Heptathlon	4,888 points	Myesha Dixon, Prairie View	2012

## Men's SWAC Outdoor Track and Field Championship Records:

<b>EVENT</b>	<b>RECORD</b>	<b>RECORD HOLDER/SCHOOL</b>	<b>YEAR</b>
100m Dash	10.14s	Renaldo Dawson, Texas Southern	1982
200m Dash	20.50s	Fred Taylor, Texas Southern	1978
400m Dash	45.27s	Keith Mouton, Grambling	1989
800m Run	1:45.90	Olsen Barr, Jackson State	1988
1,500m Run	3:45.94	Michael Watson, Jackson State	1980
3,000m SC	9:12.24	Arzell McCoy, Alcorn State	1984
5,000m Run	13:51.09	Tommy Fulton, Texas Southern	1972
10,000m Run	30:30.78	Paul Ndachi, Jackson State	1978
110m Hurdles	13.56s	Ricky Davenport, Southern	1978
400m Hurdles	50.30s	Robert Brontson, Southern	1997
4x100m Relay	39.35s	Texas Southern	1988
4x400m Relay	3:04.37	Prairie View	1988
High Jump	2.20m	Carl Garcia, Prairie View	1986
Pole Vault	5.05m	Curtis Gibbs, Texas Southern	1988
Long Jump	8.22m	Paul Emordi, Texas Southern	1986
Triple Jump	16.78m	Paul Emordi, Texas Southern	1985
Shot Put	18.06m	Mark Lundy, Texas Southern	1979
Discus Throw	54.25m	Curtis Irvin, Texas Southern	1987
Hammer Throw	54.56m	Kenne Gerard, Jr., Grambling	2010
Javelin Throw	71.42m	Wesley Francis, Grambling	1985
Decathlon	6,776 points	Wesley Francis, Grambling	1988